Capclave Guide to Restaurants within 20 Minutes by Foot

IMPORTANT NOTES: If we missed some restaurants, that does not imply criticism of those establishments. Many of these restaurants are family-run, so hours of operation may be subject to unplanned variation. Generally, if we have a lot to say, it's one of our favorite places. We frequent "Classic" Silver Spring; it's well worth the walk of a few extra blocks.

Also, Silver Spring has a lot of traffic, not quite enough roads, a plenitude of native-born lousy drivers, and a large population of immigrants with unusual views on pedestrian right-of-way. Please use the crosswalks, cross only with the lights, and *stay alert*.

IN THE HOTEL:

- 1) Capital Bleu -- American/French major credit cards 6:00 am-2:00 pm, 5:00-10:00 pm
- 2) Sergio Ristorante Italiano --Northern Italian major credit cards F: 11:30 am-2:00 pm; 5:00 pm-9:30 pm; Sa: 5:00 pm-9:30 pm; Su closed

VERY CLOSE TO THE HOTEL:

3) Freshfarm Market -- This is a farmers market, so you can find find all sorts of farm products: fresh picked pastries, just-harvested breads and cheeses, dried flowers - and some fruits and vegetables.

Sa: 9:00 am-1:00 pm

- 4) Quizno's -- sandwiches, as advertised by an uncannny talking baby. F, Sa: 10:00 am-10:00 pm; Su: 10:00 am-9:30 pm
- 5) City Place is an enclosed mall, open from 10:00 am to 9:00 pm Fridays and Saturdays and 10:00 to 6:00 on Sundays, just up the street from the Capclave hotel. On its basement level, City Place has a food court containing fast food and steam table establishments: Burger King; China City; Taco Uno, and, of special note, The Brass Hen. Steam table fried chicken and fish. Cheap, greasy, and good. Paul recommends the greens, too.
- 6) Taste of Morocco -- Moroccan sit down and carryout, inside the Colesville Rd. entrance of City Place; 301-588-4003; worth calling for a reservation; belly dancer at 7:30 on weekends major credit cards

F, Ša: 11:00 am-10:30 pm; Su 11:00 am-10:00 pm

7) Ruby Tuesday's -- American sports bar, in City Place; 301-495-5845 major credit cards F, Sa: 11:00 am-11:00 pm; Su: 11:00 am-10:00 pm

8) Da Marco's Cucina Romana -- Italian carryout and sit-down. For lovers of fresh pasta and meatballs, this has been a local favorite for over 25 years.

301-588-6999

F: 10:30 am-9:30 pm; Sa: 11:00 am-9:30 pm

9) El Rincon -- Salvadoran/Mexican; 301-565-4985 El Rincon was undergoing a name change when we conducted this survey, so this information may no longer be correct. D, MC, V

F, Sa, Su: 7:00 am-11:00 pm

10) Jerry's Sub Shop -- pizza and sandwiches; open for breakfast; 301-588-9110

AmEx, MC, V

F: 8:00 am-11:00 pm; Sa: 7:00 am-12:00 pm; Su: 10:00 am-9:00 pm

RESTAURANT ROW:

This is the newly opened street o' eateries, designed to be the shiny new heart of the shiny new Silver Sprung. Whatever. These restaurants are mostly, perhaps all, chain or franchise establishments. If you have one at home, you know what they serve. You can eat pretty well here, but be warned that some of these places are very popular with the after work or after-movie and -theater crowd, so you may have to wait for a table.

11) Baja Fresh -- TexMex wraps and tacos AmEx, MC F, Sa: 11:00 am-10:00 pm; Su: 11:00 am-9:00 pm

F, Sa: 11:00 am-10:00 pm, Su. 11:00 am-3:00 pm

12) Adega Wine Bar - Wine, beer, and sandwiches Major credit cards F, Sa 11:00 am - 9:00 pm

13) Chick Fil-A -- eat in and carryout chicken F, Sa: 6:30 am-11:00 pm; Su closed

14) Coldstone Creamery -- ice cream F, Sa: 11:00 am-11;00 pm; Su: 11:00 am-10:00 pm

15) Ben and Jerry's -- ice cream F, Sa: 11:00 am-1:00 pm; Su: 11:00 am-11:00 pm

16) Noodles & Company -- pasta F, Sa: 11:00 am-10:00 pm; Su: 11:00 am-9:00 pm

17) Galaxy Billiards Cafe -- sports bar with pool tables and bar food F, Sa: 10:30 am-3:00 am; Su: 10:30 am-2:00 am

18) Chipotles Mexican Grill – TexMex wraps F, Sa, Su: 11:00 am-10:00 pm

19) Phillips Famous Seafood -- pretty good seafood major credit cards F, Sa, Su: 11:00 am-10: 00 pm

20) Starbucks -- coffee and pastries major credit cards F, Sa: 5:30 am-11:30 pm; Su: 7:00 am-11:00 pm

21) Potbelly Sandwiches -- hot and cold sandwiches F, Sa: 11:00 am-11:00 pm; Su: 11:00 am-9:00 pm

22) Austin Grill -- TexMex, emphasis on Tex; live music some nights; one of the "in" places for the afterwork crowd F: 11:30 am-midnight; Sa: 11:00 am-midnight; Su: 11:00 pm

23) Eggspectation -- breakfast all day; noisy and semi-chaotic; variety of reasonably good food.
301-585-1700
major credit cards
F: 8:00 am-10:00 pm; Sa, 7:00 am-10:00 pm; Su: 7:00 am-8:00 pm

24) Red Lobster -- seafood; a family favorite, so expect to wait for a table.

F, Sa: 11:00 am - 11:00 pm; Su: 11:00 am-10:00 pm

- 25) Macaroni Grill -- assortment of fancy pasta hours not posted
- 26) Lebanese Taverna -- Middle Eastern/Greek F, Sa: 11:00 am-10:00 pm; Su: 12:00 am-8:00 pm
- 27) Asian Bistro -- Japanese/Chinese fusion; a pleasant, pretty place. F, Sa: 11:00 am-11:00 pm; Su: 12:00 am-11:00 pm
- 28) Panera Bakery Cafe -- coffee, sandwiches and pastries F, Sa: 6:00 am-10:00 pm; Su: 7:00 am-8:00 pm
- 29) Red Rock Canyon -- upscale downhome cooking seasoned with black pepper and plenty of it; desserts are larger than your head; another of the "in" places

301-589-1330

F, Sa: 11:00 am-midnight; Su: 11:00 am-10:00 pm

Above Austin Grill and Eggspectations; these are wheelchair accessible via the elevator:

- 30) Ceviche -- Peruvian Noisy and pricy, but quite tasty; live music nightly; proper attire major credit cards
- 31) Pho Hiep Hoa -- Vietnamese pho and other dishes; a delightful, friendly restaurant with good hearty soups and other Vietnamese dishes major credit cards

F, Sa: 10:00 am-11:00 pm; Su: 10:30 am-10:00 pm

32) Thai at Silver Spring -- Thai; pricy but pleasant major credit cards F: 11:30 am-11:00 pm; Sa: 11:45 am-11:00 pm; Su: 11:45 am-10:00 pm

OLD ("CLASSIC") SILVER SPRING:

This used to be the main restaurant area in Silver Spring. There's a wide variety of cuisines at these mostly family-owned and run establishments. These places tend to be less crowded, perhaps a little cheaper, and quirkier than the places on Restaurant Row.

33) Pike Pizza II -- Bolivian and sandwiches; 301-587-2788 AmEx, D, MC, V

F: 11:00 am-10:00 pm; Sa: 11:00 am-10:00 pm

34) Tian Jin Palace -- Chinese sit-down and carryout; 301-565-2275 AmEx, MC, V

F. Sa. 10:30 am-11:00 pm; Su 11:00 am-10:00 pm

35) Bombay Gaylord -- Good variety of Indian food, sit down and carryout. Cheap lunchtime buffet. Usually quiet atmosphere. For those who don't like their food too spicy hot, more choice than usual. 301-565-2528

AmEx, MC, V

F: 11:30 am-3:00 pm; 5:00 pm-9:30 pm; Sa, Su: 12:00 pm-3:00 pm; 5:00 pm-9:30 pm

36) Quarry House Tavern -- bar with sandwiches; 301-587-9406; wheelchair hostile

F: 11:00 am-12:00 am; Sa: 5:00 pm-12:00 am; Su closed

37) Kefa Cafe -- best coffee shop in Silver Spring; great coffee; luscious cakes; limited menu but excellent quality sandwiches, quiche, pastries, and ices in a friendly, cheerful ambience; 301-589-9337 major credit cards

F: 7:00 am-9:00 pm; Sa: 8:00 am-9:00 pm; Su closed

38) Roger Miller -- West African; 301-650-2495; wheelchair hostile D. MC. V

F: 12:00 am-2:00 pm; Sa: 12:00 pm-?; Su 12:00 pm-11:30 pm

39) Thai Derm -- Good Thai food in a pleasant setting; when available, their sticky rice with mango dessert is a marvel; wheelchair hostile. 301-589-5341

D, MC, V

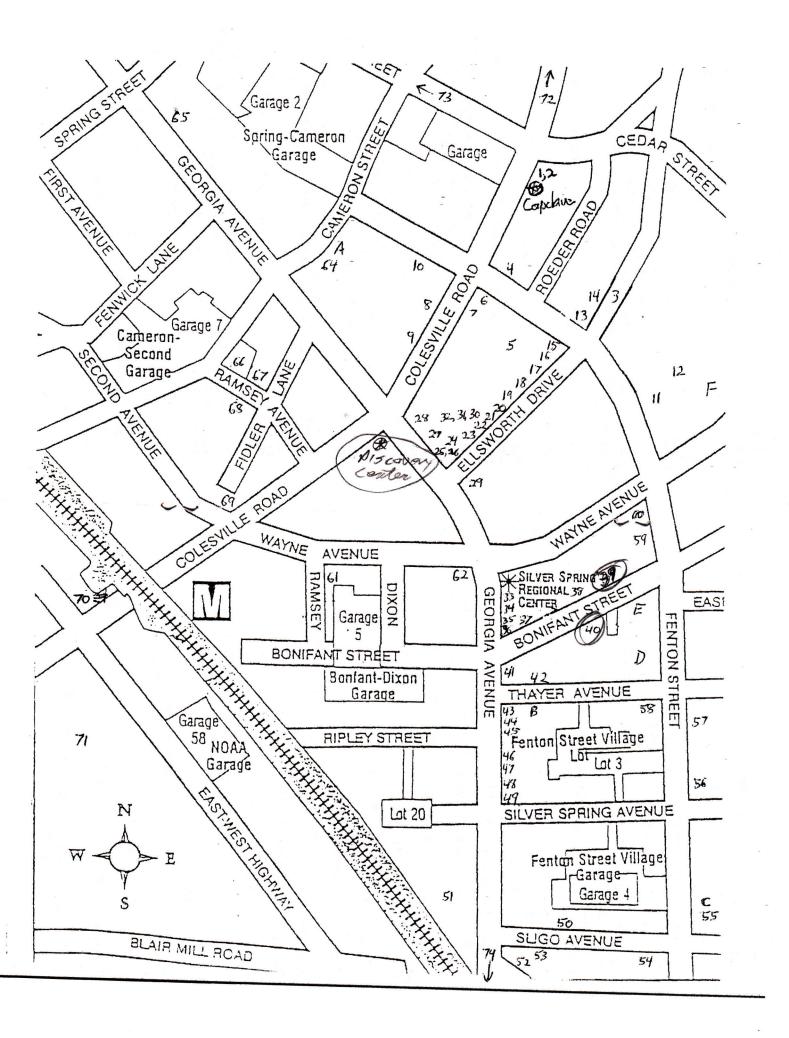
F: 11:00 am-10:00 pm; Sa: 12:00 pm-9:30 pm; Su: 5:00 pm-9:30 pm

40) Mandalay -- recently moved to Silver Spring from Greenbelt, this is an excellent Burmese restaurant. Paul and Aly have enjoyed every dish they've tried thus far, from appetizers through desserts; 301-585-0500 MC, V

F. Sa: 11:30 am-3:00 pm; 5:00 pm-10:30 pm; Su: 12:00 pm-3:00 pm; 5:00 pm-10:00 pm

41) Langano's Ethiopian -- 301-571-6111 AmEx, MC, V

F. Sa: 11:00 am-3:00 am; Su: 12:00 pm-1:00 am



42) Negril Jamaican Bakery and Eatery

MC, V

F, Sa: 11:00 am-10:00 pm; Su closed

43) La Bamba -- Salvadoran; 301-589-3712

MC, V

F, Sa: 11:00 am-11:00 pm; Su: 11:00 am-9:45 pm

44) Napoli Ristorante Italiano -- 301-588-3388; call this one first to make sure they're open.

major credit cards

F: 11:30 am-3:00 pm; 5:00 pm-10:00 pm; Sa: 5:00 pm-10:30 pm

45) Half Moon BBQ -- Good barbeque and burgers; live music; 301-585-1290

F, Sa: 5:30 pm-1:45 am; Su closed

46) Rodeo -- TexMex; 301-585-2955

AmEx, MC, V

F, Sa: 11:00 am-2:00 am; Su: 12:00 pm-2:00 pm

47) Pinto Thai -- eat in and carryout; 301-585-7200

MC

F, Sa: 11:00 am - 3:00 pm, 5:00 pm - 9:00 pm

48) Tijuana's Mexican Cafe -- 301-562-9336

AmEx, MC, V

Sa: 11:00 am-2:00 am; Su: 11:00 am-2:00 pm

49) Chicken and Steak -- Peruvian rotisserie; 301-650-0066

MC, V

F, Sa: 11:00 am-10:00 pm; Su: 11:00 am-9:00 pm

50) Vicino Ristorante Italiano -- 301-588-3372

MC. V

F: 11:30 am-10:30 pm; Sa: 12:30 pm-10:30 pm; Su: 1:00 pm-9:30 pm

51) Phoenix of China

52) My Le Vietnamese Cuisine -- 301-589-1306

MĆ, V

F, Sa, Su: 11:00 am-10:00 pm

53) Jackie's – diner food as done by a real chef; pricy; 301-565-9300; call first.

D, MC, V

Fr: 11:30 am-10:30 pm; Sa: 5:30 pm-10:30 pm; Su: 11:30 am-2:30 pm

54) Dragon City Restaurant and Carryout -- Chinese (free delivery);

301-565-8850

MC, V

F: 11:00 am-12:00 pm; Sa, Su: 11:00 am-1:00 pm

55) Manny and Olga's -- carryout pizza, sandwiches (free delivery);

301-608-8050

major credit cards

F, Sa: 1:00 am-12:00 pm; Su: 10:00 am-11:00 pm

56) Fresh Starts -- American; 301-587-6677 F:69:00 am-4:00 pm; Sa: 6:00 am-2:00 pm

57) Addis Ababa -- Inexpensive Ethiopian food: spicy, spicier, spiciest; communal dining; eating with your fingers is proper etiquette; sit in the open air upstairs if weather permits; 301-589-1400 major credit cards

F. Sa. Su: 11:30 am-12:00 am

58) Thai Market and Carryout -- 301-495-2779 major credit cards

F, Sa: 9:30 am-7:30 pm; Su: 9:30 am-6:30 pm

59) La Teranga House of Africa -- mysterious carryout (free delivery) 301-588-6811

F, Sa: 11:00 am-9:0 pm; Su: 12:00 pm-11:00 pm

60) Golden House -- carryout Chinese (free delivery); 301-495-8888 F, Sa: 11:00 am-12:30 am; Su: 12:00 pm-11:00 pm

61) Caribbean Style Restaurant -- carryout and sit-down; 301-585-5496 wheelchair hostile major credit cards

F: 11:00 am-9:00 pm; Sa: 11:00 am-10:00 pm; Su: 1:30 pm-8:00 pm

62) Subway -- eat in and carryout sandwiches F: 7:00 am-7:00 pm; Sa: 11:00 am-4:00 pm

WEST SILVER SPRING:

63) Golden Flame -- Greek/meat and potatoes; 301-588-7250 AmEx, MC, V F: 11:30 am-10:00 pm; Sa: 4:00 pm-10:00 pm; Su 3:00 pm-9:00 pm

64) El Texano -- Salvadoran/Mexican; 301-587-6335 F: 11:30 am-3:00 pm; 6:00 pm-1:00 am; Sa: 11:30 am-1:00 am; Su 11:00 am-1:00 am 65) River City Grill -- upscale American at Silver Spring's other downtown hotel: 301-589-0800 major credit cards

F: 6:30 am-10:00 pm; Sa, Su 7:00 am-10:30 pm

66) Tastee Diner -- diner food; breakfast all day; formerly on the site of the Discovery Building, this American diner is the transplanted but still-beating heart of Silver Spring; 301-589-8171 AmEx, MC, V **OPEN 24/7.**

67) Mi Rancho -- TexMex; 301-588-4872 AmEx, MC, V F, Sa: 11:30 am-11:00 pm; Su: 11:30 am-10:00 pm

68) Cubano's -- Caribbean food, mostly Cuban; one of the best restaurants in Silver Spring, and one of the most attractive; not a good place for large groups; moderately expensive; 301-563-4020 AmEx, D, MC, V

F: 11:30 am-10:00 pm; Sa, Su: 1:00 pm-10:00 pm

69) McDonald's -- Scottish cuisine, but don't order the McHaggis or the McScotch; 301-588-3386

F, Sa: 6:00 am-1:00 am; Su: 7:00 am-11:00 pm

70) Einstein Brothers Bagels -- tiny space stations made out of hardened bread: 301-587-2136 F: 7:00 am-6:00 pm; Sa, Su: 7:00 am-6:00 pm

OUTLIERS:

71) Oriental East -- A Chinese grandma seated with us confided to Alv. "Chinese chefs eat here." One of the best dim sum restaurants in the Washington area. On Saturdays and Sundays, expect to wait in line. If you're there when the dim sum carts aren't going around, you can ask for the dim sum menu. Also has other Chinese food, but go for the dim sum. 301-608-0030

major credit cards

F. Sa: 11:00 am-11:00 pm; Su: 11:00 am-10:00 pm

72) Mrs. K's Toll House --maiden aunt food, but meant in a good way; 301-589-3500

9201 Colesville Rd.

major credit cards

F, Ša: 11:30 am-2:30 pm; 4:30 pm-9:30 pm; Su brunch: 11:00 am-3:00 pm; dinner 5:00 pm-9:30 pm

73) Cameron's -- carryout seafood; 301-585-555 8603 16th St. major credit cards F, Sa, 10:00 am-10:30 pm; Su: 10:00 am-10:00 pm

74) Crisfields – pricy seafood, but a Silver Spring landmark; 301-589-1300

major credit cards

F, Sa: 11:00 am-10:00 pm; Su: noon-9:00 pm

GROCERIES:

A) Mariam Grocery -- African, Central and South American groceries AmEx, MC, \boldsymbol{V}

B) Silver Spring Mart International Groceries F, Sa: 10:00 am-10:00 pm; Su: 11:00 am - 7:00 pm

C) Ethiopian/Indian Super Market F, Sa: 10:00 am-10:00 pm; Su: 10:00 am-9:00 pm

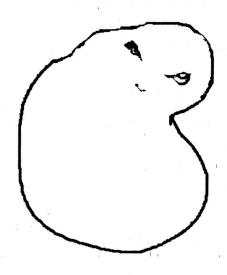
D) Safeway -- groceries and daytime pharmacy major credit cards F, Sa, Su: 6:00 am-12:00 am

E) Ecology Health Food Mart MC, V

F: 8:00 am-7:00 pm; Sa: 8:00 am-6:00 pm; Su closed

F) Whole Foods -- Yuppy groceries; formerly Fresh Fields; has attached coffee shop major credit cards
F: 9:00 am-10:00 pm; Sa: 8:00 am-10:00 pm; Su: 8:00 am-9:00 pm

-- Paul Parsons, Master Chef at the Parsonage, did not write THE HAUNTED HAGGIS AND OTHER TALES OF GASTRONOMICAL MENACE. Aly Parsons, a picky consumer, appreciates all manner of foods with flavors other than salt. They are long-time residents of Silver Spring.



THE HAUNTED HAGGIS AND OTHER TALES OF GASTRONOMICAL MENACE

by Lars Nappuso

author of The Pitcher of Durian Gray and I Marinated a Monster (with Ursa Spaloney)

On sale November 31 wherever fine books are sold.